



# The Holy See

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## JUBILEE OF SPORTS PEOPLE

**ADDRESS OF THE HOLY FATHER JOHN PAUL II  
TO THE INTERNATIONAL CONVENTION ON THE THEME:  
"DURING THE TIME OF THE JUBILEE:  
THE FACE AND SOUL OF SPORT"**

*Saturday 28 October 2000*

*Dear Ladies and Gentlemen!*

1. I am pleased to take part in this international convention on the significant theme: *"During the time of the Jubilee: the face and soul of sport"*. Today I have the welcome opportunity to greet you, who in various capacities are the distinguished representatives of sport, as I wait to meet the entire world of sport, which will celebrate its Jubilee tomorrow at the Olympic Stadium.

I greet the organizers of this meeting, especially the President of the International Olympic Committee, Mr Juan Antonio Samaranch, and the President of the Italian Olympic Committee, Mr Giovanni Petrucci, and I extend my greeting to the various speakers and representatives of the varied dimensions of sport in the world. I thank, in particular, Archbishop Crescenzo Sepe, who expressed your common sentiments, while explaining the meaning of this meeting.

The theme that you chose for your reflection calls attention to the nature and aims of playing sports in our time, which is marked by a great variety of important social changes. Sport is certainly one of the prominent phenomena which, in a language understandable to all, can communicate very profound values. It can be a vehicle of high human and spiritual ideals when it is practised with full respect for its rules; but it can also fail in its true aim when it leaves room for other interests that ignore the centrality of the human person.

2. The theme speaks of the "face" and "soul" of sport. Athletic activity, in fact, highlights not only

man's valuable physical abilities, but also his intellectual and spiritual capacities. It is not just physical strength and muscular efficiency, but it also has a soul and must show its complete face. This is why a true athlete must not let himself be carried away by an obsession with physical perfection, or be enslaved by the rigid laws of production and consumption, or by purely utilitarian and hedonistic considerations.

The potential of sports makes it a significant vehicle for the overall development of the person and a very useful element in building a more human society. A sense of brotherhood, generosity, honesty and respect for one's body - virtues that are undoubtedly essential for every good athlete - help to build a civil society where antagonism is replaced by healthy competition, where meeting is preferred to conflict, and honest challenge to spiteful opposition. When understood in this way, sport is not an end, but a means; it can become a vehicle of civility and genuine recreation, encouraging people to put the best of themselves on the field and to avoid what might be dangerous or seriously harmful to themselves or to others.

3. Unfortunately there are many signs, and perhaps they are becoming more evident, of a malaise that sometimes calls into question even the ethical values that are at the basis of athletic activity. In addition to a sport that helps people, there is another that harms them; in addition to a sport that enhances the body, there is another that degrades it and betrays it; in addition to a sport that pursues noble ideals, there is another that looks only for profit; in addition to a sport that unites, there is another that divides.

My hope is that this Jubilee of Sport may be an occasion for everyone, dear leaders, managers, sport enthusiasts and athletes, to find new creative and motivating zeal through sports that know how, in a constructive spirit, to reconcile the complex demands made by the current cultural and social changes with the unchangeable requirements of the human being.

4. Allow me to make another comment. While it promotes physical fitness and strengthens character, sport must never distract those who practise and appreciate it from their spiritual duties.

It would be as though one ran, as St Paul writes, only "for a perishable wreath", forgetting that Christians must never lose sight of "the imperishable one" (cf. 1 *Cor* 9: 25). The spiritual dimension must be cultivated and harmonized with various recreational activities, which include sport.

The pace of modern society and of some competitive activities might sometimes cause Christians to forget the need to participate in the liturgical assembly on the Lord's Day. But the need for just and well-deserved recreation must not detract from the duty of the faithful to sanctify holy days. On the contrary, on the Lord's Day athletic activity must be put in a context of peaceful relaxation that encourages togetherness and the growth of communion, especially in the family.

I offer my best wishes for this meeting and, as I invoke the protection of Mary on you, I assure you of a remembrance in my prayer and gladly bless you.

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